

418 East Sumner Street
Northfield, MN 55057

507.645.8252

www.northfieldstp.org

Church office hours:
Monday–Friday
9:00 a.m.–2:00 p.m.

Worship OnLine

Sundays 9:00 a.m.
Wednesdays (Sept–April) 6:30 p.m.

Education

Sundays 10:10 a.m.
Wednesdays (Sept–April) 6:30 p.m.

Staff

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*From
Pastor David*

Dear Friends in Christ:

We miss seeing you in worship and hearing congregational singing. We miss your smiles and your laughs. We miss shaking hands and the occasional hug. We look forward to the day when we can again gather for worship, fellowship, and education.

The last couple months of isolation from people we love—family, friends, church—have been difficult. We know you miss worshipping, singing, receiving communion, and seeing people you love. We also know that many of us are deeply concerned about contracting the coronavirus and are avoiding other people as much as possible.

We all wonder, when can we gather again at St. Peter's? We don't know. We wish we could give you a definitive answer, but we cannot right now. We will continue to follow recommendations from the CDC, the Minnesota Department of Health, and our synod bishop, Regina Hassanally. The staff and the Church Council discuss regularly best practices for our spiritual, physical and mental health.

The safety and health of all worshipers, worship leaders and staff will be at the forefront of our decision-making. At this point in time, we believe that the best way to love your neighbor is to keep your distance from your neighbor.

Though we do not know a definite date when we will return to in-person worship, we do know some things we will and will not do when that day comes.

- We may begin in-person worship outdoors before we return to our sanctuary
- We will have to pause congregational singing for awhile
- We will keep our distance of six feet when seated as well as when entering and exiting the building.
- If worshipping indoors, we will ask you to wear a facemask.
- We will be able to celebrate communion and baptisms, but we will have to follow distancing and hygiene protocol.
- No coffee and fellowship following the worship service.
- We will continue broadcasting our service via Facebook Live after we return to in-person worship gatherings.

We have ordered a couple of cameras and other equipment to continue recording our worship services. Moving forward, we will need to train a few people to record and upload the worship service to our website. If interested, please contact Terra.

Thank you for your continued prayers for each other. Thank you for your phone calls and emails to maintain contact with your sisters and brothers in Christ. Thank you for your continued financial support of St. Peter's Lutheran. Thank you for your patience and understanding in these challenging times.

Peace be with you!

Pastor David and
Steve Hill, President of the Congregation

Faith Formation & Adult Ed

by Julie Klock, Faith Formation Director

A note from Julie:

Hello Friends - thank you for your wonderful response to being **Pen Pals** for kids. I can still use some more writers if you haven't had a chance to get in touch! Remember how we have introduced the generations at the past few Rally Days? This is a similar opportunity - let me know if you would like to participate.

I have been meditating on the phrase "Wait for the Lord" a great deal these days. And so I am waiting. I find that the "disciplines" of Advent are serving me well. I am preparing - but like a parent preparing for a first child - **I can only imagine what will be needed**. I know the general, but not the specifics. In the present, I have what is needed. Fortunate me! If you cannot say the same, please reach out. I, and St. Peter's, want to help where help is needed!

Coming to Your Backyard: Christmas in July

I recently discovered a resource I will be sharing with anyone who is interested: it's an **intergenerational VBS that can be done at home, with all ages, and without much stress** - really just for fun. I imagine this as a five-week event on Wednesday nights, but actually, you could do it any night of the week. The project is under development, and was born from a program called VBS for grown-ups, so it's definitely going to work for all types of households.

Christmas in July will include story/study, outdoor activities, art/science projects, and a weekly "mission" that helps someone else. Registration will open on June 1st and you will receive materials for your backyard VBS each week beginning July 5th. **This is a wonderful option for grandparents to offer their children and grandchildren, or smaller households to share with neighbors** (but keep it small!) The more generations, the more fun. Best of all, NO SCREENS!

Family Faith Practices: (for all households)

Last month I introduced some ideas for gratitude practices at home. This month I want to share some practices around Sabbath (you may feel like it's ALL Sabbath, but it's not!) I read about "**Mini-Sabbath**" in Faithful Families by Traci Smith. She tells of a compelling sermon on the topic Sabbath that emphasized Sabbath as a rhythm. She was captivated by the concept of Sabbath hours in a day, or Sabbath minutes in hours and so she's been exploring mini-Sabbath options for many years. I think life had some of these built in years ago, but we have lost the rhythm. Maybe these days at home will help us to "catch the beat" again.

She recommends options for one-minute and five-minute Sabbaths. When it's time, pick an option, set a timer and take a Sabbath: (**SEE BACK PAGE**)



We may not be singing in person together for a while... here are some things to think about in the meantime:

- What do I miss most about our music ministry while at home?
- Would I enjoy singing or playing an instrument during worship?
- The music during this pandemic that I have enjoyed most?
- Would I enjoy and benefit from digital and printable resources for at-home music making?
- Can we get more young people in the church choir?
- Do I get up at my computer/device during worship at home and dance around?
- Who do I love to make music with the most? Can I try some harmony with this person/pet? 😊😌





Clip this out and send with your offering,
or take a photo and e-mail it to marykaybougie@northfieldstp.org



Hello from: _____ (name)

My favorite song/hymn to sing is: _____

I would like to hear this new song/hymn: _____

Music I've enjoyed by small groups/soloists during worship: _____

Music Notes

by Mary Kay Bougie, Coordinator of Music

St. Peter's Worship Choir and Jubilee Bells held their annual "End of the Year" Party over Zoom on Wednesday, May 20. It was great to catch up with those who attended. We reminisced, talked about what we've been doing for the past two months, and all agreed we are greatly looking forward to being together again.

The group was given a list of questions to ponder and respond to. I am curious for your response as well to, "What is one hymn you look forward to singing together with the congregation?" Some of our responses, "Lift High the Cross," "Praise to the Lord," "For the Beauty of the Earth," and "Beautiful Savior." Our newest hymn, "Shelter Me," also got kudos from the musicians.

I would like to thank all of our St. Peter's musicians for the time they take to share their talents with the congregation. We have very dedicated people, and I want each of them to know how greatly they are appreciated.



St. Peter's Staff's Top 10 Places to Sing Around the House:

1. While cooking
2. While cleaning
3. While painting/doing home improvements
4. In the bathroom
5. Mowing the lawn
6. Gardening
7. Playing piano/instrument
8. In the shower
9. Folding laundry
10. Working, crafting or cleaning in the garage



Let's Go Canoeing!

Pastor David is tentatively leading a canoe trip to the beautiful and pristine Boundary Waters Canoe Area in northern Minnesota. The coronavirus will affect how we do some things, but as of now, we hope we are able to do the trip. Please contact Pastor David for more information. We have room for a maximum of 8 persons and we'll go through an outfitter to rent canoes, packs and other gear. Pastor David has his own canoe and some gear. We'll stay in a hotel or outfitter cabin on August 25, enter the BWCA on Wednesday, August 26 and exit on Sunday, August 30.

Worship on-line with us Sunday mornings at 9:00 am!

Facebook Live

facebook.com/northfieldstp

Watch replays and find service bulletins on our website:

www.northfieldstp.org

June Events & Birthdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Check www.northfieldstp.org for calendar changes. Sign up to receive weekly e-mails on the website.</p>	<p>1 Happy Birthday Janie Anderson</p>	<p>2 Happy Birthday Merlin Bauer John Rowan</p>	<p>3 10:30am Lectio Divina Bible Study on Zoom Happy Birthday Ella Palmquist Eric Schrader Patty Shaw</p>	<p>4 Happy Birthday Bruce Jensen</p>	<p>5</p>	<p>6 Happy Birthday Dan Johnson Nancy Johnson Bruce Martinson Dottie Scharber</p>
<p>7 9:00 am Live-stream Worship</p>	<p>8 Happy Birthday Pamela Sholtz Phyllis Swanson</p>	<p>9</p>	<p>10 10:30am Lectio Divina Bible Study on Zoom Happy Birthday Marilyn Dewar Tricia Streitz</p>	<p>11 Happy Birthday Terry Johnson Andrew Stoesz</p>	<p>12 Happy Birthday Noah Bakken Larry DeBoer</p>	<p>13</p>
<p>14 9:00 am Live-stream Worship</p>	<p>15</p>	<p>16 Happy Birthday Sam Harner</p>	<p>17 10:30am Lectio Divina Bible Study on Zoom</p>	<p>18</p>	<p>19 Happy Birthday Nicole Hallcock Dennis Kenison</p>	<p>20 HAPPY SUMMER Happy Birthday Jim Lamb</p>
<p>21 FATHER'S DAY 9:00 am Live-stream Worship</p>	<p>22 Happy Birthday Paul Wegner</p>	<p>23 Happy Birthday Vicki Behr Mary Johnson</p>	<p>24 10:30am Lectio Divina Bible Study on Zoom Happy Birthday Tim Babbini Megan Culhane</p>	<p>25 Happy Birthday Lily Landry Reed Sommers</p>	<p>26 Happy Birthday Debra Boyum Jennifer Riley Jim Topp</p>	<p>27 Happy Birthday Anika Wierson</p>
<p>28 9:00 am Live-stream Worship Happy Birthday Nathan Quinell</p>	<p>29</p>	<p>30 Happy Birthday Carrie Quinell</p>				

June & July Worship Leaders

Thank you, volunteers! If you are unable to assist on the date assigned, please change with someone else on the list and contact the church office so that the bulletin can be updated: **(507) 645-8252**

Date	Time	Reader
June 7	9:00 a.m.	Richard DeBeau
June 14	9:00 a.m.	Laura Gilligan
June 21	9:00 a.m.	Julia Daly
June 28	9:00 a.m.	Sheryl Kleppe
July 5	9:00 a.m.	Patrick Bougie
July 12	9:00 a.m.	Mary Bleckwehl
July 19	9:00 a.m.	Dale Ness
July 26	9:00 a.m.	Rebecca Peterson

Bible Study

Zoom Bible study using Lectio Divina--a way of listening to God's voice in both scripture and one another. Wednesdays at 10:30 am in June. Contact Pastor David with questions.

Join Zoom Meeting:

<https://us02web.zoom.us/j/84690539186>



NEW American Red Cross Blood Drive Scheduled



A new blood drive is scheduled at St. Peter's for July 17. Appointments are required and will fill fast! See the Red Cross website to sign up - under the Find a Location link.

Watch for a Time & Talent Sign Up with July's Parish Visitor!

If your birthday was not listed, please contact the Church Office and we will add your birthday to our database. Thanks!

Celebrate June!

according to holidayinsights.com



1: Dare Day, Flip a Coin Day, National Trails Day; **2:** National Bubba Day, National Rocky Road Day; **3:** Repeat Day; **4:** Applesauce Cake Day, Hug Your Cat Day, National Cheese Day, Old Maid's Day; **5:** Hot Air Balloon Day, National Doughnut Day, World Environment Day; **6:** D-Day, WWII; National Gardening Exercise Day, National Yo-Yo Day; **7:** National Chocolate Ice Cream Day, National Frozen Yogurt Day, VCR Day; **8:** Best Friends Day, World Ocean Day; **9:** Donald Duck Day, National Strawberry Rhubarb Pie Day; **10:** Ball Point Pen Day, Herb and Spices Day, Iced Tea Day; **11:** National Corn on the Cob Day; **12:** National Flip Flop Day, National Jerky Day, National Peanut Butter Cookie Day, Red Rose Day; **13:** National Weed Your Garden Day, Sewing Machine Day; **14:** Flag Day, Monkey Around Day; **15:** National Nature Photography Day, Smile Power Day; **16:** Fresh Veggies Day; **17:** Eat Your Vegetables Day; **18:** Go Fishing Day, International Sushi Day, Nursing Assistants Day; **19:** Juneteenth, National Kissing Day, Take a Road Trip Day; **20:** Finally Summer Day, Ice Cream Soda Day, National Bald Eagle Day, National Hollerin' Contest Day, Record Store Day, World Juggler's Day; **21:** Father's Day, Go Skateboarding Day, International Yoga Day, National Sea Shell Day, National Selfie Day, National Turkey Lovers Day; **23:** National Chocolate Eclair Day, National Onion Ring Day, World Rainforest Day; **23:** International Widows Day, National Columnists Day, National Pink Day; **24:** International Fairy Day, Swim a Lap Day; **25:** Log Cabin Day, National Catfish Day; **26:** Beautician's Day, Forgiveness Day, National Canoe Day, Take Your Dog to Work Day; **27:** National Onion Day, Sun Glasses Day; **28:** International Body Piercing Day, Paul Bunyan Day; **29:** Camera Day, Hug Holiday, International Mud Day, Waffle Iron Day; **30:** Meteor Day



What is Time and Talent?

Time and Talent is a way of stewardship to help our church community. There are needs on Sunday mornings, holidays, and plenty of opportunity any other day during the week! God has blessed us each with gifts, and what better place is there than St. Peter's to share them.



Who is it for?

Anyone, basically! Young people can help with acolyting, or light property upkeep - indoors our out. Adults are needed in worship, committees, special projects and more! Anyone is welcome to sing and play an instrument - who wouldn't want to make some heavenly noise with the bells? If you enjoy decorating, the sanctuary needs changing every church season. If you like to garden, the landscaping and flowers need upkeep. See something that could use some changing and you want to take it on? Just ask the council and Pastor Dave what they think about it. If you like to teach and share faith stories, the Sunday School and Youth programs need you, too! There are so many opportunities to help. A new type of worship leading on Sunday mornings offered will be to help to record and post the worship service using facebook and our website. This one will be fun for a handful of the right people! Contact Terra or fill it in on your time and talent sheet if you're interested. 2020 has been.. well what's it is... and so why not make this the year to try something (else) new!



How do I sign up!?

A 2020-2021 Time and Talent sign up sheet will be sent out with next month's newsletter. Please fill it out as you like and send it back or bring it to the church by the middle of July. The new list created will start in September.

Thank You!

Doodle Page



Council Highlights

May 12, 2020 • 7:00 p.m.

Present: Bougie, C. Hill, S. Hill, Kleppe, Julie Klock, Lee, Sillanpa, Pastor David Weeks, Ziegler

Approval of the Agenda: The agenda was approved by all.

Devotions: The devotion was led by Pastor David about sitting in the leader chair during difficult times and the importance of listening and being there for one another.

Approval of Minutes: A motion to approve the April minutes was made by Ziegler and seconded by Lee – all voted yes

Staff Reports:

- **Pastor David Weeks** provided a report. Highlights include:
 - We continue to lead **worship via Facebook Live**. We usually have 6-8 people in the building to run the service and do our best to maintain physical distance. We will continue with the Facebook Live.
 - Terra researched options to **record the worship** service to use now and after we return to physical gatherings.
 - Pastor David continues to **work at St. Peter's** Tuesday-Friday in the mornings.
 - A funeral for **Richard Goetz** took place at the Funeral Home.
 - Pastor David is leading a **Lectio Divina Bible study**, focusing on the Gospel reading for the coming Sunday.
 - **Faith on Tap** has met a few times and will meet again May 21.
 - Emily Carson, SE MN Assistant to the Bishop, organized a Zoom **"Stewardship in Uncertain Times"** on May 7 for pastors and lay leaders. Steve Hill and Pastor David both participated.
 - Discussion about steps we will need to take before we can return to physically gathering together for church service at St. Peter's.
- **Julie Klock** provided a report. Some of the highlights include:
 - Camps cancelled: **Vacation Bible School** with the other churches has been postponed until summer 2021. Julie is considering a "backyard VBS" and is exploring this idea in more depth. **Good Earth Village** has cancelled all scheduled summer programs. There will not be daycamp at St. Peter's in August.
 - **Sunday School** has officially ended for the year. Next week, Ms. Josie will start sending weekly videos which should be a lot of fun for the kids.
 - **Confirmation** has also officially ended for the school year but some students have opted to continue to gather on Wednesdays for check-in, devotions and games through May.
 - **S.P.Y.** Wednesday meetings will conclude tomorrow night. Annalissa has introduced a new curriculum which will continue in the fall.
 - **BeFriends**, with a few extra volunteers, continue to contact **members who are 80** and older.
 - A pen pal program is under construction. Julie is **pairing K-5th graders** with willing empty nesters for mail exchanges.

Ministry Teams:

- **Worship Ministry** discussed including children/youth in worship leadership as well as steps we will need to take when we can gather physically for worship.
- **Stewardship Ministry** zoomed on May 5. We received a Payroll Protection Loan.
- **Faith Formation Ministry** We talked through the Fall calendar and decided that sticking to what the kids usually do and expect would probably be best for the kids this year since so much has been disrupted. So we will have Rally Day, Advent Festival, Youth Auction and Christmas Program along regular lines. We will be adding the newly purchased & Boomwhackers & bells to the program with help from Ms. Josie.
- **Communications Ministry** met the other day and discussed selling St. Peter's t-shirts again to help with outreach; discussed including all activities on the calendar on the website; will organize another blood drive – will be in July and then every two months; new member classes will be planned.

Treasurer's Report: Picha provided a report before the meeting (was not in attendance) and the council reviewed the report. While April offerings were generous, we continue to have a deficit. We hope church members will consider giving their offering through Paypal, Vanco, Billpay or another automatic payment service. Members can also mail a check to the church if they prefer.

A/V Equipment needed for Online Services– options researched by Terra. The council discussed the various options. Motion was made to approve the purchase of the recommended equipment costing \$570 made by Bougie and seconded by Ziegler. All approved. Anonymous donation was made to cover this purchase.

Survey about members' experiences at St. Peter's will be distributed soon.

Parsonage Update: new tenant moving in this week and will live there until sometime in September. Considering options for after September.

Closing: Meeting adjourned with the Lord's Prayer at 8:38pm

Next Council Meeting is Tuesday, June 9 at 7pm via zoom.

Submitted by Amy Sillanpa, Secretary



**Evangelical
Lutheran**
Church in America

St. Peter's Lutheran Church

St. Peter's Mission Statement:
Believe, Belong, Become.
To express God's love and
grace in building a community
where people believe in God,
belong to Christ,
and become disciples who
serve in day to day living.

Council

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Sick? Hospitalized?

Please contact the Church Office if you would like a visit from Pastor Weeks.

(507) 645-8252

Or visit
[www.northfieldstp.org/
prayers-and-announcements](http://www.northfieldstp.org/prayers-and-announcements)



St. Peter's Lutheran Church
418 East Summer Street
Northfield, Minnesota 55057

Non-Profit Organization
U.S. POSTAGE PAID
Northfield, MN 55057
Permit Number 121

*Please contact the Church Office if you've moved
or if you would like to be removed from our mailing list.*

(507) 645-8252

*A ministry request form is now on our website at
www.northfieldstp.org, under the ministry tab.*



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Find us
On-Line

www.northfieldstp.org

Post these on the fridge, or put them on cards to draw when you want to practice Sabbath.

Make a mental note of how you feel after each activity. You can use them (or others you make up yourself) at specific times, or when you feel your stress levels rise. They are also very useful for transition times such as changing projects or going from work to home (even if its in the next room). And start your kids/grandkids on the one-minute option - you'll be giving them a skill for a lifetime.



One-Minute Sabbaths	Five-Minute Sabbaths
<p>Breathe in and out for one minute. As you inhale, think "I am breathing in God's love. Exhaling, think "I am breathing out worry and fear."</p>	<p>Look out the window at birds, or look at a fish tank.</p>
<p>Go outside and notice the weather, and your body's response to it. Notice what "nature" is present in that particular space. Just notice.</p>	<p>Try a finger labyrinth.</p>
<p>Read a Psalm.</p>	<p>Take a five minute walk.</p>
<p>Stretch as high as you can, then scrunch down as low as you can. Alternate for one minute.</p>	<p>Put essential oils in a diffuser, on a cotton ball, in hot water and sit in silence noticing the smell.</p>
<p>Take one minute to tidy up some indoor or outdoor space. Notice how a tidier space affects your mood.</p>	<p>Sit in silence and drink a small glass of ice water. Don't do anything else.</p>
<p>Close your eyes and visualize a beautiful scene from nature. Imagine yourself in that place until the timer goes off.</p>	<p>Close your eyes and listen to an inspiring piece of music.</p>
<p>Squeeze your hands into strong fists, then relax them. Repeat for one minute.</p>	<p>Read a short poem.</p> <p style="text-align: right;"><i>see more on page 2</i></p>